

TWO DAY WORKSHOP - APRIL 30 – May 1, 2012

REGINA SASKATCHEWAN

EMOTIONAL INTELLIGENCE FOR PERSONAL & PROFESSIONAL LEADERSHIP

A public presentation of Dr. June Donaldson's internationally acclaimed **Emotional SMARTS®** model and two day workshop.

What does leadership look like? What knowledge and skills do people demonstrate when they lead in a visionary and courageous manner? We believe that demonstrating the emotional intelligence competencies identified in Dr. June Donaldson's Emotional SMARTS® model and process are foundational to master if you and others want to efficiently and confidently lead - at work, at home and in your community.

Mastering Emotional SMARTS® skills can enable you to assertively self-manage; behave appropriately with demographically and culturally diverse people; connect well with others and make decisions that stand the test of time and scrutiny. In turn, you can expect to create more meaningful personal and professional relationships and obtain increased results - all of which can benefit you, the organization you work with and those you care about.

Being emotionally smart is non-negotiable to people performing well in areas such as:

- managing unrelenting change
- providing insightful, courageous and visionary leadership
- creating and working in high performing teams
- generating empathic client sales, service and support
- effectively negotiating and
- addressing conflict with skill and confidence.

No matter what level of responsibility you have, what you do, who you are or where you work, knowing how to stay emotionally smart and be grounded, centered and focused is paramount to your wellbeing. When that is the case, you are better able to achieve the best results possible for your time, money, energy, resources and talent. This workshop addresses:

- the four phases of change organizations, departments and even personal relationships must go through if they are to remain productive, prosperous and pleasant work environments.
- your behavioural style and how it, and your SMARTS, can be tested during change and conflict.
- the 4 Cornerstones and 16 Characteristics of Emotional SMARTS® which is the core program!
- how your Emotional SMARTS® affects how you manage change, lead, work in teams, provide client sales and service, negotiate and address conflict.
- your Emotional SMARTS® competence and how you can overcome workplace challenges.
- how you can best utilize the results of your confidential Emotional SMARTS® Self-Scoring Profile.

Facilitated by Wendy Turner-Larsen, M.A. M.A.



YOUR FACILITATOR

WENDY TURNER-LARSEN

of Regina, SK, is a professional counselor, corporate trainer and coach with a Masters degree in Counseling/Psychology and a second Masters that focused on leadership development. Since starting her private practice, Wendy has designed and delivered a wide variety of seminars focused on emotional intelligence in the workplace. She regularly facilitates her very popular "Personal Excellence Program" and a powerful workshop series known as "Women Connect." As a professional counselor with extensive knowledge of workplace issues, Wendy incorporates her insightful and engaging style to deliver content rich training to her clients. For more information, please visit www.turnerlarsen.com www.emotionalsmarts.com

WHAT PEOPLE ARE SAYING:

"This workshop should be a mandatory 101 course for organizations."

-Emotional SMARTS® workshop, Frida Brown, participant 2011

"Excellent content and knowledgeable presenter. I would definitely take more courses from this presenter."

-workshop participant April 2011

"Knowledge gained through this workshop will serve me well in every aspect of my personal life and professional career. Thank you!"

-workshop participant April 2010

"Very educational, thought-provoking and enlightening!"

-workshop participant December 2010

WHEN:

Mon - Tues,
April 30 - May 1,
2012
8:30 am - 4:30 pm
Ramada Hotel,
1818 Victoria Ave.
Regina, SK

COST:

\$895. plus GST
which includes Dr. Donaldson's
bestselling book,
**Emotional SMARTS® Redefining Personal
and Professional Competence,**
the Emotional SMARTS® Self-Scoring
Profile, the participant manual,
goal achievement card,
diploma, lunch and refreshments.

TO REGISTER, EMAIL:

w.tl@sasktel.net

REGISTRATION DEADLINE:

April 23 at 5 pm
Inquiries:
w.tl@sasktel.net